



# 4th FDUK Masterclass on the Diabetic Foot

Lancashire County Cricket Club, Old Trafford,  
Manchester, 4 December 2008

**Tools for managing ulceration  
and amputation prevention: A  
multidisciplinary approach**

*...State of the art lectures and updates offering practical guidance on  
all aspects of managing foot infection in diabetes...*

*Organised by:*



# Tools for managing ulceration and amputation prevention: A multidisciplinary approach



**F**ollowing the success of last year's 3<sup>rd</sup> National FDUK Masterclass on the Diabetic Foot in Manchester, we are delighted to announce another 'hands-on' programme for 2008. This year's event aims to provide you with the tools you need to manage diabetic foot ulceration and prevent amputation, and will combine lectures, case studies and interactive demonstrations. Reflecting the fact that diabetic foot care is provided by a series of different healthcare professionals in a range of settings, the masterclass will take a multidisciplinary approach to these core topics, promoting the engagement of all members of the care team.

To assist you and your colleagues to deliver and promote best practice in your locality, this event will provide guidance on assessment and investigations, microbiology, X-ray interpretation, offloading and inpatient care of the diabetic foot. We will also examine diabetic foot disease both from a public health perspective, and from that of the affected individual.

Whatever your role in the diabetic foot team – consultant, GP, nurse, orthotist, podiatrist, or surgeon – and wherever you work – primary, secondary or intermediate care – we at FDUK invite you to join us for what promises to be an exciting and innovative day.'

*FDUK Executive Committee*

### Conference venue



Lancashire County Cricket Club, Old Trafford, Manchester

08.45–09.15 **Registration**

09.15–10.00 **Morning symposium**

10.00–10.30 **Coffee and exhibition viewing**

10.30–10.40 **Welcome**

**Louise Stuart** MBE *Consultant Podiatrist, Manchester PCT and Lecturer, University of Salford*  
**Lee Hawksworth** *Podiatrist, and Planning and Commissioning Manager, Tameside and Glossop PCT*

**Session 1. Chairs: Louise Stuart and Lee Hawksworth**

10.40–10.55 **The patient perspective**

**Umberto Saoncella** *A local patient*  
'From a patient's perspective we assume that all healthcare professionals have the necessary knowledge and skills to manage our foot complications. Unfortunately, in my experience this is not always the case. There needs to be greater understanding of diabetes-related foot problems'

10.55–11.25 **Impact of the diabetic foot: A public health perspective**

**Cliff Shearman** *Professor of Vascular Surgery, Southampton*

- Diabetic foot disease is the major cause of amputation in the UK
- Diabetic foot disease is and should be largely preventable
- Diabetic foot disease is the most readily preventable complication of diabetes
- Public and political awareness of diabetic foot disease and its prevention is poor

11.25–12.00 **Assessment and investigations**

**Gerry Rayman** *Consultant Physician, Ipswich*

- Biochemical markers: Blood and investigations – a guide

12.00–13.00 **Lunch and exhibition viewing**

**Session 2. Chairs: Lee Hawksworth and Neil Baker**

13.00–13.30 **Microbiology: Lively case studies**

**Paul Chadwick** *Principal Podiatrist, Salford*  
**Chinari Subudhi** *Consultant Microbiologist, Salford*

- First-line prescribing in primary care
- Allergies versus intolerances

- Signs and symptoms versus investigations
- Using your eyes and hands instead of a swab

13.30–14.00 **Beginners guide to X-ray interpretation**

**Frank Webb** *Consultant Podiatric Surgeon, Salford*  
**Martin Fox** *Clinical Lead Podiatrist, Tameside and Glossop PCT*

- Requesting plain X-rays: What should you ask for?
- Looking at the film: What can you see?
- Infection: How do you identify it?

14.00–14.45 **Live offloading demonstration**

**Louise Stuart** MBE *Consultant Podiatrist, Manchester PCT and Lecturer, University of Salford*

- Overview of problems
- Live: Manchester Martini cast

14.45–15.15 **Coffee and exhibition viewing**

**Session 3. Chairs: Louise Stuart and Lee Hawksworth**

15.15–15.45 **Walking the walk and not talking the talk: How to motivate your patient**

**Mark Davies** *Clinical Psychologist, Belfast*

- Motivational interviewing
- Patient-centred care

15.45–16.25 **What care should patients expect when admitted to hospital?**

**Professor William Jeffcoate** *Consultant Physician, Nottingham*

- How do you decide if the care someone receives in hospital for a diabetic foot ulcer is good?
- On a scale of 0 (worst) to 10 (best), how do you rank the average quality of care people receive for diabetic foot ulcers in your hospital?
- What are the three main barriers to good foot care in your hospital at the moment?

16.25 **Conference close**

**Conference themes**



Microbiology



X-rays



Motivational interviewing



In-hospital care

For companies wishing to exhibit at the event, please contact Meadbh Metrustry on 020 7627 1510 or meadbh@sbcommunicationsgroup.com

# Delegate booking form

## 1. Personal details

Please fill in your name, job title and place of work as you would like them to appear on the delegate list. Please use BLOCK CAPITALS. (If you wish to book more than one place, please photocopy this form or call 020 7627 1510 for extra copies.) All fields must be filled in.

Full name (Prof/Dr/Mr/Ms/Mrs/Miss)  
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Post/job title .....  
Place of work.....  
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Email.....  
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Special requests (e.g. dietary) .....  
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Daytime phone.....  
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## 2. Conference costs and reservation

The conference attendance charge includes all refreshments and conference materials

### FDUK member rate:

£97.50 per person (inclusive of VAT).

### Non-member rate:

£120.00 per person (inclusive of VAT).

I would like to book ..... places for the conference at a cost of £..... (please attach a full list of names and job titles on a separate sheet if booking for other people as well as yourself. Unless otherwise requested, one acknowledgement will be sent to cover all persons named.)

You can also book online at:  
[www.sbcommunicationsgroup.com/events](http://www.sbcommunicationsgroup.com/events)

## 3. Payment (Please fill in one option)

- I enclose a cheque for £..... made payable to **SB Communications Group**
  
- Please send an invoice for £..... to the following address (only complete if different from above)

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Contact telephone number (finance office or individual responsible for payment)

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## 4. Accommodation

For discounted rate and to book a room please contact Jigsaw Accommodation Booking Service on 0870 752 0433.

Cancellations must be received by 7 November 2008 and will be refunded less a 20% processing charge. After this date we regret that registration fees will not be refunded. Substitutions may be made in writing at any time without any charge.